

# *dare to lead*<sup>TM</sup>

**Dare to Lead workshop  
10-12 August 2020  
Wellington**

Based on the research of Dr. Brené Brown, Dare to Lead is an empirically based courage-building program. The most significant finding from Brené's latest research is that courage is a collection of four skill sets that are teachable, measurable, and observable. These skill sets are the foundation of the Dare to Lead workshop.

The greatest barrier to daring leadership is not fear; the greatest obstacle is armour – how we self-protect when we feel uncertain. You will learn with others the skills necessary for moving from armoured leadership to daring leadership. Examples include:

- Moving from avoiding tough conversations to straight talk and taking action.
- Moving from leading for compliance and control to cultivating commitment and shared purpose.
- Moving from echo chambers and in/out groups to cultivating a culture of belonging, inclusivity, and diverse perspectives.
- Moving from putting value on being a knower and being right to valuing being a learner and getting it right.
- Moving from perfectionism and fear of failure to modelling and encouraging striving for excellence, empathy, and self-compassion.

## **Included in your investment in the Dare to Lead workshop<sup>1</sup>**

- Pre-workshop online surveys to assist you in setting your intentions for this work.
- Dare to Lead 2.5 day programme with an optional bonus session.
- Resources and materials, including Dr. Brené Brown's Dare to Lead book.
- Two optional group coaching sessions post the workshop.
- Morning and afternoon teas, and lunch provided on first two days. Morning tea only on day 3.

---

<sup>1</sup> travel, transit to and from the venue, and accommodation, if any, are not included in programme fees.

- Individuals who successfully complete the full Dare to Lead programme receive a certificate of completion and permission to use a Dare to Lead Trained badge on their LinkedIn profile.

## **Logistics:**

Workshop Starts: Monday, 10 August at 9:00 am  
Workshop Ends: Wednesday 12 August at 12:00pm  
Bonus Session: Wednesday 12 August 1.00pm – 3.00pm

Payment: \$2495.00 plus GST payable by Credit Card or Invoice/Direct Debit.  
Registration ends: 1 August 2020, or earlier if the workshop is full at an earlier date.  
The workshop is limited to 20 people.

## **Location**

The Loft  
Harbourside Function Centre  
4 Taranaki Street  
Wellington.

## **Refund Policy**

Refunds up to 7 days before the event.

## **About The Dare To Lead Programme**

Based on the research of Dr. Brené Brown, Dare to Lead is an empirically based courage-building program designed to be facilitated by organisational development professionals.

Brené is a research professor at the University of Houston where she holds the Huffington Foundation – Brené Brown Endowed Chair at The Graduate College of Social Work. She has spent the past two decades studying courage, vulnerability, shame, and empathy, and most recently completed a seven-year study on courageous leadership. She is the author of five #1 *New York Times* bestsellers: *The Gifts of Imperfection*, *Daring Greatly*, *Rising Strong*, *Braving the Wilderness*, and *Dare to Lead*, which also debuted at #1 on *The Wall Street Journal* and *Publisher's Weekly* list.

Further information is available at <https://daretolead.brenebrown.com>

## About your Dare to Lead Facilitators

Your two Dare to Lead certified co-facilitators for this workshop are Sue Johnston and Mary Beth Robles.

**Sue Johnston** is the founder of [Artemis Group](#) and is a professional and personal development coach and facilitator based in Wellington, New Zealand. She has a public-sector background having worked as a policy advisor and manager. Sue is an ICF credentialed coach, and a Certified Daring Way and Dare to Lead Facilitator. Her specialty is moving people through the knowing-doing gap and moving towards being more effective leaders. She works with people interested in becoming better leaders through understanding how to lead during times of uncertainty, risk and emotional exposure, encouraging innovation and growing courageous and connected teams.

Click here for Sue's LinkedIn profile: <https://www.linkedin.com/in/sue-johnston-5559bba/>

**Mary Beth Robles** works with leaders and teams with jobs that require them to be constantly growing more capable, better able to handle complexity, and adapt to the emerging future. She believes leaders need today, more than ever, a fiercely compassionate community that supports us individually and collectively at our growing edges. Mary Beth is an associate with [Cultivating Leadership](#). She is an ICF credentialed coach and a certified Dare to Lead Facilitator.

Click here for Mary Beth's LinkedIn profile: <https://www.linkedin.com/in/marybethrobles/>